

(TMI Focus, Vol. XI, No. 1, Winter 1990)

QUARTERLY TAPE

H-Plus® Hypertension

With this quarterly tape you have an opportunity to participate in evaluating what is a significant departure for us.

First, this tape introduces you to a new voice, that of Bob Sornson, a recent *GATEWAY* graduate and one of a number of people who submitted audition tapes. Bob was requested to voice *H-PLUS Hypertension* so that we can get members' reactions to his voice.

Before we tell you more about this quarterly tape, we want to make it clear that we continue to be interested in new voices; this was not a "contest" won by Bob Sornson. Our goal is to have several voices acceptable for the critical responsibility of reading a script onto a Hemi-Sync tape. If you wish to submit a voice audition tape, please write or call TMI to request an information packet.

The next innovation to which we need your reaction is: two voices in dialogue. *H-PLUS Hypertension* has Bob Monroe speaking sections that all *H-PLUS* tapes include, while Bob Sornson speaks the sections relating to this particular function. We would like to know your response to this alternation between voices.

The *Prep* side has Bob Monroe's standard voicing. If you are a user of *H-PLUS* and have already listened several times to *Prep*, it isn't necessary to listen to that side again.

The third opportunity for your valuable participation has to do with the script itself. It was written by Professional Division Member Bob Reeves, M.D., who is the director of a medical research institute devoted entirely to studying the treatment of high blood pressure. This Bob (hope you can keep them all straight!) is researching the use of Hemi-Sync in the treatment of hypertension. Such treatment would include a commitment on the part of the patient to becoming an active participant in the management of her/his own condition, and to making certain lifestyle changes. If Hemi-Sync proves an effective tool for this purpose, what a wonderful contribution that will be.

We hope YOU don't have high blood pressure. Please note that it is not a required precondition in order for you to use and benefit from this special-release tape. The script deals with balancing, normalizing, and equalizing the blood pressure, a boost all of us can surely appreciate. So when you use *H-PLUS Hypertension*, send your comments to TMI FOCUS. If you do suffer from hypertension, or share the tape with someone who does, the specifics of any effects will be especially important to know about.

Enjoy listening. Thanks!

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